**CUGESA Fall Retreat Pack List:**

GET READY FOR A GOOD TIME!!!

**Mandatory:**

* Health Card
* Photo ID
* Sleeping Bag or other bedding (soft yoga mats are good to sleep on since we will be camping out on the floor)
* Pillow
* Toiletries
* Towel
* Sweater/Jacket
* Warm Clothing
* Water Bottle
* Dinner for Friday night (or money if buying dinner)
* Sturdy footwear/ hiking boots
* Rain Gear

**Recommended:**

* A day pack for hiking/ going out
* Flashlight and batteries
* Deck of Cards
* Board games
* Phone Charger
* Book for the evening
* Money- if you plan to shop in Westport
* Camera
* Snacks
* Lighter (there are fire pits outdoors!)

**Also Note:**

You are welcome to bring alcohol along, but remember to please drink responsibly.

If you require bedding, you can contact CUGESA and we’ll try to set you up!! There is no WIFI, BEDS, or SHOWERS at Foley Mountain Conservation Authority so plan accordingly.

If you have any special dietary needs please message CUGESA to let them know! If dietary needs are very strict, we kindly ask that you please bring some of your own food which we can help with prepping.

Get ready for an incredibly fun weekend! 😊

-CUGESA TEAM